

Georgi P. Panov

SPIRITUAL AGITATIONS

This book is dedicated
to my family

Under the title:

“Духовни бранувања” од Ѓорги П. Панов”

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**Toward the book of aphorisms "Spiritual agitations",
by Georgi P. Panov**

A clear definition of aphorisms can't be with certainty found, because it is displaced from its nave and it is difficult to determine its place. Mainly, these are short compositions of actual themes created in actual hints, with or without a political coloration, with an expression of the wisdom, the philosophy, the sweetened smile, the sting, i.e. the itch where it hurts, or course, seen through another angle, through a different dioptry.

This type of creative expression in the Macedonian publication is rarely encountered, except with authors with a satirical and humoristic force, as well as with caricaturists who, by the way, have a sense for writing.

With us, on the other hand, the native and the aphoristic ambiance was first designated by Koco Urdin, Kostadin Ustapetrov and Risto Filcev, of whom the first is an affirmed writer, while the other two are with a longer probation and they have published two books in the field of the aphorisms.

Nowadays, to them, almost without embarrassment and pretension to become the guide of the aphoristic space is joined Georgi Panov with a very pleasing manuscript entitled "Spiritual Agitations", with which in a specific way he gives a small contribution for enriching this kind of literature if one can say so.

This young author, who directed his writing energy toward this kind of work which has a different treatment and which is valued with other coefficients, although for

the first time and quite new, offers us in view a lecture in which is expressed his intellectual and spiritual level for the comprehension of the things, embroidered in wise, succulent, original and actual visions of aphorisms.

Some of them arranged in thematic nomenclatures appear with a full brightness, and in such a way they give a perfect line to the manuscript, on which it is revealed and recognized. The language of the book is reduced to an intellectual level it breathes with plentitude and every sentence contains the elements and capacity of this kind of creative saying.

In the rich aphoristic struture of the book, whose corpus contains about 190 components arranged in seven cycles, the author with a concise writing impetus marginalized some specific states of several fields of the everyday life, in whose focus are the man, the life, the space and the time.

Although the title of the book is associated with a poetical publication, the manuscript is deprived of poetry, because the spiritual agitations of the author are directed in another way, and his poetical path moves toward the metaphor of aphorism, toward the strip of the truth, toward the second and the essential meaning of the things.

Hence, Georgi Panov, with his creative act and with the messages that he gives in his first book, tries with a great seriousness to convince us that he has a talented aphoristic pen and that he is successful in using it, because, the impression is common and complete that we have a good book, although it appears with delay.

Of course, estimating the manuscript as a finished product, it is difficult to point out some aphorisms which are to be separated as pivotal, because in some specific

ways all of them are carrying and they all with their message contribute to the beauty of the book.

In addition to this is the division of the books in cycles, which more closely defines the determination of the author to be different, actual and, of course, original, and all these are additional pluses for the formation of the final evaluation.

We wish the author a long stay and a creative publication.

Branko Bjadov



ABOUT LIFE AND TIME

The life is the purgatory of the soul and of the mind, and the death is the last act of life.

The death makes the life valuable. You know never when it can surprise you.

When you know the value of health, you have already decided the chance to keep it. So, you've lost a good part of it.

If the banking and financial system have the part of the economic organism, we need some more new blood so that the economics stands on its own legs.

If we can't directly influence our life course, of course, we can act on our life condition, and with that on our life time.

If the religion is the opium for the people, the authorities and the money, as an expropriated power, are the opium for the politicians.

The time of the life passed so quickly, that sometimes, we think that it stands.

Sometimes the time is a universal denominator of all the values, even of those things that we consider unimportant and unvaluable.

As there is sunrise (youth), so there is sunset (the old age) of the sun (life).

When you lost the teeth, you yourselves are aware what the food means as a component of the health, but, of course, you were late in your case.

Our strength, our life energy, which the goods even admire, is not in us and don't look for it in us. It is in our environment: our travel partner, the ambient, the sun, the moon, our root, or in something that we still haven't understood and we consider that it is not important for us and for our life.

It is not very important how much fortune you will inherit or make in life, it is more important how much of it you will succeed to keep.

How important are the years you can estimate according to the age of the wine. Everyone who says that the years are not important lies to you. They are more important than you can suppose.

The life isn't always joyful, that's why it is interesting and unpredictable.

Only when the lie serves to explain the truth and when it enables to reach it, then it is justified.

Each error in life has an immaterial and material price, the question is when the first predominates, and when the second.

How simple can life be? Its axis of rotation is the death. The slower you rotate, the further you are from it and vice versa.

The sooner you spend the energy, the sooner your time will pass. If you manage to control the energy that you possess, you control not only your time, but also your life.

The air, the water, the sunshine and the food are the four basic links of the engine called "life".

You are aware of the greatness and of the quality of the life when you see the death in your eyes.

Behind each success a good training is hidden, and behind each training a good order of the time and a good strategy. Behind each good strategy not only a good mind, but also a good health is hidden. This represents the axis of life. Therefore, you'd better even today invest in your health, because tomorrow it will be late for that.

Imagine life as a huge mountain which is unconquered, wild, with its traps, forces and laws. How do you think to conquer it? Uniquely and only with a good strategy, a good condition, and a powerful spirit, will and perseverance you will reach the summit. After that, the descent from the summit follows.

Why is the gold so valuable? Certainly, not because it is rare, but because it is limited.

If the honey is the fruit of the bee, then the child is the fruit of love.

If time is money, don't waste it in vain, because money is time, too. If you want to have both money and time, then organize the time most rationally you can and you will always have an extra time, and on the contrary a lack of money.

To live means to fight. To live honestly is more of duty, and to die honestly and happily means that you have fulfilled or achieved your duty and that you have vanquished yourself.

To live is as easy as to conquer the mountain summits.

You will discover the secret and the sense of the life as soon as you feel the smell of death.

When the exception becomes a rule of behavior, nobody respects the law and it doesn't oblige anyone.

Life is very easy for the politicians and for the bankers, because they dispose with the national cake, which is made and baked by the worker.

Not only the glory, but also the light and the wind first strike the head or the tail, as two opposed poles of the axis (gravity) of man.

Everything is in motion: the water, the earth, the life and the death; hence, the conscience also should be constantly changeable, and not static.

Only the movement is eternal; the unchanged state is an imaginary state.

The faith is the source of the light which should take everybody out of the tunnel in which he or she fell.

As the sea can't always be peaceful, being constantly changed from flux to reflux, so, the life, too, can't be monotonous: it is always agitated by smaller or bigger life events (the so called "problems", "themes", or "dilemmas").



ABOUT THE WISDOM

Even the highest mountain will be crumbled, but only by the tooth of time, i.e. by the calm water.

The basic principles of the economics are the economy and the optimum, and that means not to spend all that is created, but only the most indispensable at the moment. The balance is the optimum which hardly remains unchanged.

How much time is condensed in so few words of wisdom!

The wisdom, the health and the honour are not bought. One should invest in them every day and during all the life, and yet sometimes they are lost in a second.

Not every silence is wisdom. This is sometimes a disguise of truth, and sometimes ignorance. Nobody wants to show the "dirty" drawers.

Every mind has its capacity as much as every body has its physical limits and forces of endurance.

The deeper you meddle, the harder you will come back to the surface.

The Sun doesn't set in order to rise; the place of the Earth is changed toward it.

The history of the migration is repeated, but with some definite modifications.



ABOUT THE SPIRIT

If the chords are a spiritual or a musical expression of the composer, then the rhyme is a pondered or a spiritual expression of poet.

A good example of harmony between the spiritual and the material wealth of man are the Jews. They possess an extraordinary spiritual tradition, which is always put in balance with the adequate material wealth.

As the dew and the tears delight us with the purity, so the child astonishes us with the purity of spirit.

The positive spirit makes, creates, develops and always has the initiative, while the negative one destroys, degrades and annihilates everything in front of it, even itself.

One can't realize good health, happiness and prosperity, without a balance of the person between the spiritual and material value.

Not always a spiritually rich man is a materially rich individual. The criminals are a typical proof, that one can gain material wealth, without wealth of spirit. But, this is always a short-term process, which dies out quickly.

The poorer you are spiritually, the greedier you are toward the material values.

The harmony is a high level of the balance of the soul, while the meditation is the highest one.

The body can be violated, but don't try to violate the soul, you will crash into an immeasurable force and greatness.



ABOUT THE MAN

The man can be more than a live library; if he doesn't transfer his experience and knowledge to his descendants, one considers that he hasn't existed.

The most that the man can do in his life is to change himself.

The money is strange; sometimes it is stronger than the most powerful commanders-in-chief, it doesn't need much to enslave the man.

For the one that thinks that the money is the key for every lock, it is already late, because all his locks and secrets have been unlocked by the money.

If the man isn't prepared to be changed, he experiences the so-called "speeded amortisation" in time and in conditions of a technological and informatic progress, and he becomes a fossil.

Believe! The lie is stronger than the strongest opium. Some haven't succeeded to get rid of its dependance during all their life.

The man can live without food, but he can't live without dreams, because the dreams are more than the food and the water for the thirsty soul.

If the animals have a developed instinct, the man should have a highly developed conscience, beside the natural instinct.

If you save, you will make reserves; if you don't save, you will spend the reserves of the others.

If the man is a complex category, the "non-man" is a simple category quite contrary to the man.

If the immunity protects your health, you, protect your immunity.

If you buy love, you surely sell someone's happiness.

If you can't change the opinion, the habits, the behaviour and the conscience of the others, you certainly can change your opinion, habits and behavior toward the others.

Never try to change anyone, because, perhaps, it will take you 20-50 years and you will not succeed. Give him a direct example, in that way you will succeed at least a little.

If the productive man is useful not only for himself, but also for the society, the unproductive one is useful neither for himself, nor for the society.

If labour created man, laziness destroys him.

To live-means to act constantly, even when you sleep.

The child is the witness of love, the man of life, and his deeds are testimony for the makind.

It's never late to act, and with that to confirm that you are alive.

The best manager is the one, whose profit increases even when the he is sleeping.

If the man doesn't go forward; it is certain that he rarely stays in one place, so he always moves, even in a contrary direction, sometimes consciously.

If the man doesn't have a developed instinct or vision, it is difficult that he will be helped by all the compasses, devices and money of the world.

As every live matter, every man has his point of boiling, melting, cooling, and his specific weight and density.

The truth has the biggest advantage before the lie. The older it is, the more qualitative it is.

The man doesn't need much time to show his stupidity. But, sometimes the whole lifetime, won't be enough, to the wise man to transfer the wisdom, that he created in his life.

The higher you are, the further you are from the gravity, and hence more unstable.

The wise man listens more than he talks, because he knows the value of the word, which he sometimes measures in grammes of gold.

The most successful in life are those who began to change on time, and not to change the others.

Doesn't expect from anybody to work honestly and hard, when many around him got enriched in a dishonest way and without hard work.

Don't judge the man always on what he says or wears, but on what he creates or makes.

Don't forget to look at your biological clock. If you have already forgotten to do so, it certainly will surprise you one day.

You can't read the thoughts of the people; you can listen to them and watch them carefully.

Never say J can't, until you haven't tried several times. On the contrary, you yourself will be surprised by the success.

The constant movement, changes and development in the same direction don't always mean progress.

Behind every important, big and qualitative step many little and unqualitative steps are hidden.

The Sun, which represents the source of life, too, if you approach it too closely, can be the source of death.

When you imagine the man as cosmos, then even the whole life isn't enough to you to know him.

When you have something that is unworthy, then even if you have it in abundance, it doesn't mean much to you.

Don't cry always after each defeat! If you discover the reasons for that, next time you will be stronger, and perhaps a winner. Because, the winner has already fallen asleep by the brightness of victory.

When the value of a man is expressed in money, then the profit reigns over the managers, and they-over the people.

There isn't any fortune with which you can buy the ruined health, as well as, all the fortune of the world can't satiate the greed of the greedy man.

The more you know yourself, the bigger the chances are for the others to know you and to understand you.

The patience and the perseverance are two different qualities, like the fire and the air.

Never underestimate anybody, but don't overestimate him. (her).

Your character can be not only a reaction, but also a starting action with the others. As you behave toward the others, so they will behave toward you.

If you promise something, and you haven't fulfilled it, it is the same as you have cried "op" before you leap.

As the child tries several times to walk, so the boy needs more time and efforts to conquer the girl.

Never give up the aim, even when you don't see the way out of the labyrinth. Perhaps, then you find yourself directly before it.

Be careful even when you sleep. Because, when you think that you shouldn't be careful in the least, then, it is necessary to pay most attention and to be awake.

When you appreciate the word as a gold coin, it is the worthiest.

The agriculturer-produces, the trader-trades, the economist-manages, while the lawyer and the politician, if they are not valuable, don't mean much to you, even if you have them in abundance.

What is easily said and promised is usually hard to be fulfilled, and what is hard to be fulfilled is consciously kept secret.

If you remove the man from the earth, he will fall on it, if you separate him from the loved woman, he will soon get sick, but if you separate him from the children, that is the same as if you killed him or sentenced him to death.

To conquer the bestial in oneself, many human sacrifices and victims are necessary.

The selfishness is the product of the ego, and the unselfishness-of the soul.

To rule with oneself is the greatest victory in the life of the man.

Only the written word is in a state to conquer the time and to pass over generations and centuries.

When a man doesn't pay attention to where he treads in order to reach the aim, then he is a real "canibal". Imagine, how many people he needs, in order to reach the aim.

The family and the state should exist because of the man, and they should be the temple of the family, as the church is the temple of the faith.

Perhaps you will succeed to cheat yourself more quickly, than to cheat the child or the dog. They have a very strong instinct.

Only the disciplined mind, the trained body and the enlightened spirit can successfully cope with the life threats and challenges.

Step by step and here is the new quality, drop by drop-a lake.

When you love, it is desirable to maintain the balance, because there is an abyss around you.

With money you can buy confidence, loyalty and love, only, when you buy a dog.

Drive at a slow speed through the life, and you will come to the goal on time. It is always necessary to hurry up slowly.

If you can't force the people around you, not to gossip about you, then try not to be interested in what they talk about you.

To conquer oneself is the greatest victory in life.

Only a spiritually built, a spiritually wealthy and a spiritually strong man belongs to his people and to mankind.



MISCELLANEOUS

The one who says that the money is the centre of life, then he really revolves with a centripetal force around it.

The music is the only language that all the peoples and faiths understand, even all the kinds of animals.

The music is the only recognizable medium in the cosmos.

The music is more than the life. When it is reproduced by the second, or by the third stem-it becomes immortal, and when it is reproduced by the fourth, or by the fifth stem it has already become a national treasure.

Don't waste the energy in vain on others-because, in order to change at least 1%, 100% readiness is necessary for that.

Everybody can love: the beggar, the miner and the tzar, but for the sex a partner is needed.

Love is the beginning of music, while the sex is the beginning of the physical and of the love harmony.

In the revolution and in the war, the biggest victims are the revolutionary and the soldier, but they are also the eternal monuments.

The lie is stronger than the strongest opium.

If the work maintains the body, the dream is the purgatory of the soul.

If you catch and hold the bridge of the truth, then the lies will flow under you, and fly around you, as a restless river, or a strong wind, and you safely have overcome the coasts of the time. If you have done the contrary, you have said farewell to the truth for ever.

Nor the best meteorologist with the most modern technology can preview with certainty the tomorrow's day, as well as, nor the most clear-sighted man can with certainty predicts the future.

Never keep all the eggs in a basket.

Strumica has several wonders even a "Hunder's Home". It has its "Mona Liza", which always, with dignity, opposes every crisis.

You don't need long ears in order to hear and to understand that the Strumicans are open and erotic souls.

That the Strumicans are very hospitable and great hosts, it is said by the old tradition "trimeri ("three days") and by the "Strumica Carnival", and recently by the "Masked-Ball".

Pick up the masks, burn the drawers of the mother-in law on "trimeri", the young bride will serve you with chick-pea grilled and raisin for a good New Year and for good offsprings.

If the sun doesn't rise in the west, the eroticism, too, doesn't precede the flirt.

To white been, white sweet rice, on the "trimeri"
and to the "Strumica Carnival", Strumica invites you.

Come, I want to kiss you, the occasion isn't
unimportant, this is the "Strumica Carnival".

If Mozart had been alive, he wouldn't have missed
not to come to the "Strumica Carnival".

Sing and laugh and enjoy yourselves always when
the least chance and occasion appear.

Every personality is different from the other as
well as the souls differ among them.

When the lie rules, the truth is enslaved.

In the wine there is a lot of sun, and there are a lot
of days.



ABOUT THE WOMAN

The woman possesses several weird qualities. She has, people say, also several lives. She can more easily endure and undergo the life's difficulties. But let's not forget, that she has, only one soul.

The women are more astute than the foxes. They always empty the hen- roosts and are always out of them.

If the bee with its devotedness astonishes the man, then the selfsacrifice of every mother should be the noblest aim in the life of every woman. She ought to be always ready to protect the family, and with that she will surpass the bee, because, at the same time, she will remain the queen-bee of the family.

As the fire depends on the air, so the man depends on the woman.

Don't underestimate the wine and the woman, until you know them. Don't forget, that, even, the most experienced drinkers can make a mistake.

Nothing else can enslave the man more than the woman, as nothing can enslave the woman more than the money.

The wine is rich with energy and quality, and the women with frauds, lies and devilishnesses.

If the woman enslaves you in the same way as the stomach, then, you will feel not only a constant hunger, but also a constant poverty.

The woman can move in two extremes: she will take either the part of "the queen-bee" in order to create a family, or the part of the "tarantula". She can bring the man to unseen heights, or destroy him.



ABOUT THE LOVE

As you fall in love quickly, never expect a positive reaction. You usually have fallen in love with me, and J with her, while, she with him, and so the wheel of life rotates.

In love, the appetite is necessary, but the limitation is the capacity of the individuals.

If love is the most complex positive spiritual and physical feeling, then the hatred is the simplest and a quite contrary feeling of it.

If we imagine love as the sun of the life, then the health and the money are directly dependent on the love.

To love and to be loved is not the same, as it is not the same, to eat and to see someone who eats.

Love without an intimate closeness is the same as, is a cloud without rain.

Love me, or get away from my eyes.

The love has no definition it is a too wide notion. But, let's try to express it like: music, poetry, song, touch, picture, aroma etc.

To love and to hate is human, but all this without an intimate closeness is illusion.

In the love sphere it is similar, as it is, in the atmosphere: the closer you are to the Sun, the faster you will burn.

As the profit is the motor force in the work, so is the love in the life.

Why is there so much hatred, envy, greed and cowardness and even jealousy in the men when the money and the love are in question?! Because the brightness and the colour of the money, only, and uniquely, dazzle the people with its strength. Or is the egoism, when the love is in question? With the animal world this problem doesn't exist, but it doesn't mean that other problems don't exist, perhaps stronger in intensity problems.

The love is true and harmonious when it is the product of two persons of different sex, who previously have matched their cosmic and sexual energy.

The sex is a melody, that two bodies, that are in contradictions, create and play.

As the money rotates the world, so the life rotates around the love and the hatred. The more money you have, the less love you feel or receives.

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